

WELLBEING INFORMATION CENTRE



What we offer

- **Wellbeing Information & Advice**

Drop in for friendly support and guidance on wellbeing. We can link you with local groups, activities, and services. Find our events and open days on Facebook (WIC Abergavenny).

- **Collaborative Workspace**

A shared space for organisations working together to improve community health and wellbeing. Desk space and meeting rooms available.

- **Innovative Approaches**

We support creative ideas and new groups that make a difference in the community.

- **Volunteering Opportunities**

Want to get involved? We'll help you find a volunteer role that suits you.

Opening Times

Monday-Friday
10am-4pm



Contact us

Email:

information@wicabergavenny.org.uk

Phone: 07515684790

Find us: Abergavenny NP7 5NE
(opposite ALDI)