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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Patient Information Following Bronchoscopy

Respiratory Department Nevill Hall Hospital

Side effects

You have undergone a bronchoscopy (camera examination of your lungs) today. You can expect some side effects:

- **Sore throat** – this is normally not too severe and passes within a few hours. Take simple pain relief if needed.
- **Coughing up blood** – you may cough up small amounts of blood. This too should pass after a few hours. If you are worried about the amount of blood you are coughing up, please seek medical attention.
- **Fever** – it is not unusual to experience symptoms of fever after a bronchoscopy. This normally only lasts a few hours. If you feel unwell or the symptoms of fever last longer than 24 hours, please see your GP.

Restrictions and recommendations

You will have had anaesthetic throat spray and may have had a sedative. As a result we make some recommendations:

- **Diet** – you will be offered a drink after your procedure. If you are able to swallow, you can then eat and drink normally. We recommend you do not drink alcohol for 24 hours after sedation.
- **Supervision** – sedation often lasts longer than you realise. We therefore recommend that someone escorts you home and stays with you for 24 hours.
- **Activities** – you should not drive, operate heavy machinery or sign legal documents for 24 hours after sedation. We also recommend you rest for the remainder of the day, but can return to normal duties after 24 hours.

Results

Your results of the bronchoscopy will go back to the consultant who recommended the procedure. They should make (or have made) arrangements to inform you of them. Some tests can take several weeks to come back. If you have any questions about receiving results, please contact your consultant's secretary.