

# Supporting people with dementia

& those close to them  
through their grief



# Contact your local Cruse Area for more information

## Cardiff and Vale Area

02920 226 166

## Gwent Area

01633 251 982

## Merthyr Tydfil Rhondda Cynon Taff Area

01685 876 020

## Morgannwg Area

01792 462 845

## Powys Area

01686 610 220

## North Wales Area

01492 536 577

## West Wales Area

0800 288 4700

## Cruse Bereavement Care National Helpline

0808 808 1677



Ariennir gan  
**Lywodraeth Cymru**  
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**Welsh Government**


**Cruse Bereavement Care** PO Box 800, Richmond, Surrey, TW9 1RG  
Registered charity: 208078.

A company limited by guarantee: 00638709 (London)

[www.cruse.org.uk](http://www.cruse.org.uk)

National Helpline number: 0808 808 1677

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