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## **Mohs' Micrographic Surgery (Pre-operative Instructions) Department of Dermatology**

1. If you are taking Aspirin or Warfarin please inform the doctor or nurse if you have not been given any special instructions.
2. Maintain your normal intake of food and liquids during the days prior to surgery. Please have breakfast the morning of your surgery.
3. Wash your hair the night before, or the morning of surgery. You may not be able to shower for 24-48 hours after surgery.
4. Wear comfortable clothes which can be pulled loosely over your head after the surgery.
5. Remove all make-up from the area of the operation on the day of your surgery.
6. Plan to have someone available to take you home after the surgery. We recommend you are not alone for the first night following surgery.
7. Please avoid smoking 2 weeks before and 2 weeks after your surgery as it may seriously impair your wound healing.
8. A large part of the time during Mohs' surgery is spent waiting for laboratory and microscopic examination, so bring reading material if you wish. You may bring snacks.  
A friend or relative may wait with you during the day.

***Please notify the nurse or doctor of any changes in your health prior to surgery.***

**"This document is available in Welsh /  
Mae'r ddogfen hon ar gael yn Gymraeg".**